

Parenting Courses

Group program dates 2023

Our affordable courses help make the complex and sometimes challenging job of parenting easier.

123 Magic - 3 sessions

Learn practical strategies to help your child develop self control and positive behaviours.

Tuesdays 5.30pm - 8:30pm

- **21 March to 4 April**

Tuning into Kids - 6 sessions

Learn to teach children how to understand and regulate their emotions.

Tuesdays 5.30pm - 8:30pm

- **16 May to 20 June**
- **10 October to 14 November**

Tuning into Teens - 6 sessions

Teaches practical ways to develop better relationships with teens by understanding and connecting with their emotions.

Tuesdays 5.30pm - 8:30pm

- **25 July to 29 August**

All sessions held at Anglicare NT, 5 Namarluk Drive, Ludmilla. Each class costs \$10 per session.

For more information contact Resolve on **8946 4800** or email **resolve@anglicare-nt.org.au**

