

MEDIA RELEASE

12 OCTOBER 2018

SITE CHOSEN FOR HEADSPACE KATHERINE

Anglicare NT CEO Dave Pugh said, “we are happy to announce the location of headspace Katherine. A lease has been signed for a suitable and easily accessible site in the Main Street of Katherine.”

Earlier this year, Anglicare NT was selected to establish and manage headspace Katherine, providing tailored support to young people aged 12 to 25, along with their family and friends.

The headspace model is based on early intervention with the knowledge that adolescence and early adulthood is a critical time in a person's life, with research showing that 75 per cent of mental health disorders emerge before the age of 25. By ensuring help is accessed in those early stages, young people can get things back on track.

“It is exciting that a site is now confirmed for headspace Katherine,” said Anglicare NT Executive Manager of Mental Health, Jade Gooding.

“The headspace Katherine service will give young people in the local community a place where they can get the support they need to get back on their feet and fulfil their potential,” said Ms. Gooding.

Extensive consultations with the local community are already helping shape the Katherine service.

“Anglicare NT have been actively collaborating with local stakeholders, including Aboriginal primary health care services, with a focus on ensuring services are culturally connected and effective for young Aboriginal people,” said Ms Gooding.

“As part of establishing headspace Katherine, young people will be involved in design and strategy to ensure headspace Katherine services meet their needs.”

“Young people will have an exciting opportunity to engage with us regarding the interior design of the headspace Katherine center.”

- Wednesday 17 October 3pm - 4:30pm
- Friday 19 October 3pm - 4:30pm
At YORET Youth Space, Eastside Shops Grevillea Drive, Katherine East

For more information about the consultation sessions for young people please contact Zoe Collins by email zcollins@anglicare-nt.org.au or by calling 8963 6100.

FOR MEDIA COMMENTS OR INTERVIEWS

To arrange interviews with Jade Gooding, Executive Manager Mental Health, please contact Anglicare NT Communications:

MEDIA CONTACT

Lisa Fogarty – 08 8985 0000 or 0437 927 048
communications@anglicare-nt.org.au

