



Parenting Courses 2019

Anglicare NT Resolve offer affordable courses to help make the complex and sometimes challenging job of parenting easier.

Tuning into Kids is a six session group parenting program that helps parents to teach children how to understand and regulate their own emotions.

Tuning into Teens six sessions give parents practical strategies on developing better relationships with teens by understanding and connecting with their emotions.

123 Magic's three sessions give parents practical strategies to help their children develop self control and positive behaviours.

Tuning into Kids
Tue 5 Feb - Tue 12 Mar
6.00 - 8:30pm

123 Magic
Tue 7 - 21 May
6.00 - 8:30pm

Tuning into Teens
Tue 30 July - 3 Sept
6.00 - 8:30pm

123 Magic
Tue 22 Oct - 5 Nov
6.00 - 8.30pm

Location: Anglicare NT, 5 Namarluk Drive, Ludmilla NT 0820

Bookings: Phone 8946 4800 or email resolve@anglicare-nt.org.au

Website: anglicare-nt.org.au