

Media release



headspace

Darwin

Street Ground Level, Stage 4 – CASCOM Centre,
13-17 Scaturchio Street, Casuarina NT 0811

Mail PO Box 36506, Winnellie NT 0821

Tel 08 8931 5999 Fax 08 8931 5995

headspace.org.au

27 July 2017

Early Psychosis Services for Young People

headspace Darwin's sponsorship of a seminar with Professor Patrick McGorry AO, the Executive Director of Orygen, highlights **headspace** Darwin's continued partnership with Orygen and a commitment to research and quality improvement. Professor McGorry will speak on early psychosis services for young people in a seminar at Charles Darwin University today. Orygen, the National Centre of Excellence in Youth Mental Health, is the world's leading research and knowledge translation organisation focusing on mental ill-health in young people.

headspace Darwin, operated by Anglicare NT and based at Casuarina, offers a variety of early intervention mental health services to 12-25 year olds.

"Anglicare NT's partnership with **headspace** ensures local young people have access to world class mental health support. It's so important that young people feel safe accessing support services early and that families and young people get good information and strategies as soon as possible," said David Pugh, CEO of Anglicare NT.

"Our services cover mental health, physical health, work and study support as well as alcohol and other drug services. The team at **headspace** Darwin provide primary mental health care (mild to moderate mental health services) to young people and their families while raising community awareness on mental health issues," said Jade Gooding, General Manager of Mental Health at Anglicare NT.

"We also have a youth early psychosis program (hYEPP) which provides a wrap around service for young people who are currently experiencing a psychosis or are at risk of psychosis-type symptoms. It is an integrated service that is easy to access and responsive to young people and their families. Medical professionals work alongside allied health disciplines to provide a holistic, person-centre approach to care."

"The hYEPP service is based on the EPPIC (Early Psychosis Prevention and Intervention Centre) model from Orygen Youth Health in Victoria and as such, our practice and service provision are based on assertive outreach, family work, functional recovery and partnerships with other community organisations to enhance care."

"Through partnerships with national organisations like Orygen, **headspace** Darwin continues to be a leader in the delivery of youth focussed, evidence based service in our region," said Mr Pugh.

FOR COMMENTS OR INTERVIEWS

To arrange interviews with Anglicare NT CEO Dave Pugh or Jade Gooding, General Manager of Mental Health please contact Anglicare NT Communications.

MEDIA CONTACT:

Anglicare NT Communications: Lila Loveard – 08 8985 0091 or Ashley Perez – 0447 945 117.



headspace Youth Early
Psychosis Program