

Position Title	Clinician – MATT/CCT	Reference	hYEPP.TL-CCMATT:DWN
Classification Award	Health Professionals and Support Services Award 2010 or Nurses Award 2010 (Above Award)	Hours	Fulltime
Reporting to	Program Lead – Mobile Assessment and Treatment Team and Continuing Care Team	Location	Darwin
Tenure	Limited Tenure to June 30 th 2016	Cost centre	hYEPP - 3410
Division	Mental Health	Section	headspace Darwin
Approved by	Executive Manager, Mental Health & Wellbeing	Date	27 November, 2014
Comment	Anglicare NT is the Lead Agency of the expanded headspace Darwin Centre. This position entails a senior clinical and leadership role within the Centre.		

1. AGENCY STATEMENT

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. Our motto Respect Fairness and Community articulates our values of cultural respect, social justice and partnerships. As an organisation we are committed to child safe, strength based and community development practices. Join us in making a lasting difference in the lives of Territorians. Anglicare NT is the community services agency of the Anglican Church in the Northern Territory and member of Anglicare Australia.

We voluntarily undertake that all our staff and volunteers have criminal history checks, working with children checks and complete this training as we value the rights of children and young persons.

2. PURPOSE OF THE POSITION

The Clinician in the combined Mobile Assessment and Treatment Team (MATT) and Continuing Care Team (CCT) will be allocated portfolio responsibilities which will favour the MATT or CCT by the Program Lead. The Clinician will be responsible for aspects of the clinical program (mobile assessment, acute and continuing care service) for the individual young person.

MATT Clinicians

Will coordinate of and facilitate of a comprehensive assessment in consultation with the a Consultant Psychiatrist or Psychiatry Registrar case management outcomes to young people who are experiencing, or are at risk of, a first episode of psychosis. This includes comprehensive, mental health and risk assessment, case formulation, acute and home based community treatment, crisis response consistent with the EPPIC model of care.

CCT Clinicians

Will provide primary continuing case management to young people inclusive of their family with either Ultra High Risk (UHR) or First Episode Psychosis (FEP). The case management will be flexible and youth and family focussed and will require a strong emphasis on engagement, collaborative case formulation and treatment planning, psycho-education, coordination of external services and facilitation of linkages with relevant functional recovery programs, delivery of evidence-based psychological interventions.

The Clinician may be involved in assisting with service development and aspects of clinical implementation within the new headspace Youth Early Psychosis program (hYEPP). The Clinician will contribute as directed to quality improvement activities and utilising specific skills to run group programs in the functional recovery program or in training and mentoring across the entire headspace hub.

Note the term expanded headspace Darwin Centre incorporates the existing headspace Darwin (hsD) Early Intervention/ Primary Care and Community Awareness service and the new headspace Youth Early Psychosis Program (hYEPP) delivered by Anglicare NT..

3. SCOPE - *The Clinician will:*

- 3.1 Provide clinical support to the integrated team and adhere to the specialist clinical standards of the service in line with the hYEPP model of care based on the EPPIC 16 Core Components, National Mental Health Standards and relevant National and Territory, guidelines and legislation.
- 3.2 Contribute to the development of innovative clinical services at the expanded headspace Darwin Centre in collaboration with the Primary Care & Intake team and the Functional Recovery Program.
- 3.3 Develop and maintain partnerships with clinicians at key agencies in the community relevant to the treatment of young people experiencing, or at risk of, early psychosis and/or a first episode of psychosis.
- 3.5 Actively support a culturally inclusive, age and gender sensitive; youth focused family friendly service culture committed to youth & family/carer participation and proactive approaches to community awareness and education, innovation and partnership development.
- 3.6 Assist in maintaining productive relationships with the Lead Agency, Community Advisory Group, hNO, and key stakeholders.
- 3.7 Operate a safe work environment and have in place strategies and systems for the health and safety of all staff and young people.
- 3.8 Undertake other responsibilities as directed by senior staff and be available as needed for some after hours care.

National context

The Australian government funded the formation of the headspace, National Youth Mental Health Foundation in 2006 to provide more integrated and coordinated responses for young people across primary care, mental health, alcohol and drugs, and social, educational and vocational issues.

In conjunction with Lead Agencies and local consortiums the Foundation will have established 90 headspace centres across Australia by the end of 2015. The Foundation continues to diversify and in 2011 e-headspace (a phone and online clinical service) was introduced, 2012 saw the national School Support unit assisting secondary schools affected by suicide and in 2013 the current roll out of the EPPIC model to other states and territories began; acknowledging the key role of early intervention in averting or minimising the impact of psychotic disorders on young people. Darwin has been selected as one of the sites for the implementation of the hYEPP.

The expanded headspace Darwin Centre is comprised of:



1. The **existing headspace Darwin service**, established in 2008, provides a range of early intervention youth mental health responses including clinical, counseling and support services to young people aged 12-25 years. Well-developed culturally inclusive youth participation, community education and partnership development initiatives are features of this successful service. Within the expanded headspace Darwin Centre this suite of activities will be known as the Primary Care & Community Awareness Team.
2. The **hYEPP** will provide early intervention, responsive, and recovery focused care for young people aged 12-25 years who are at risk of, or experiencing a first episode of psychosis as based on the EPPIC

model. The overall aims of clinical care within the hYEPP are to:

- ✓ Detect early those young people who are experiencing, or at risk of, a first episode of psychosis;
- ✓ Reduce the duration of untreated psychosis in order to minimise the impact of a first episode of psychosis on the normal developmental trajectory of the young person;
- ✓ Intervene early and effectively with young people at risk of a first episode of psychosis to prevent the onset of psychotic illness;
- ✓ Provide a responsive and seamless access to service for young people and their family/significant others with early psychosis and first episode psychosis; and
- ✓ Enable both symptomatic and functional recovery from a first episode of psychosis.

Within the expanded headspace Darwin Centre the hYEPP is comprised of the Primary Care Intake and Community Awareness Team integrated with the Continuing Care and Mobile Assessment & Treatment Team (MATT) and the Functional Recovery Team (FRT) which will incorporate Clinical group programs, youth and family/carer participation, peer support and vocational & education assistance. *Note this is a scaled down version of the full EPPIC model of care devised for a smaller population base.

3. An integrated youth friendly **de-stigmatised shared intake system** operating through a coordinated roster, using assertive and outreach engagement strategies for assessment and treatment.
4. **Multi-disciplinary teams** of Primary Care, Continuing Care/Mobile Assessment & Treatment and Functional Recovery Clinicians working in collaboration with Youth and Family/Carer Participation/Peer Support, Vocation/Education and Community Education practitioners to build an accessible and fully integrated response to the individual health, mental health and wellbeing needs of young people and their families/carers.
5. **'YouthSpace' youth advisory group** and /or other gender, age, interest or issue specific advisory, activity or support groups as required will be resourced and supported through the collective efforts of Centre staff, Peer Support Workers and youth volunteers.
6. A **Community Advisory Group** comprised of the Lead Agency, Consortium members, key stakeholders from the public mental health system, non-government agencies and youth and family /carer representatives will inform strategic directions and be an accountability mechanism at the local level.

4. KEY RESULT AREAS AND ACCOUNTABILITIES

4.1 Implementation and roll out of the hYEPP in Darwin and integration with the existing headspace service

Outcome

Work with senior clinical and operational staff as required to assist with the establishment of the new hYEPP program in Darwin and successful integration with the existing Primary Care Headspace service, so that it has a competent workforce, clinical systems, processes and service level agreements with Top End Mental Health and Darwin Health.

This will be achieved by:

- 4.1.1 Assisting as required with the development of and continuing improvement of the clinical services delivered and provide clinical support, consultation and expertise in the delivery of mental health care to young people with a first episode of psychosis or at Ultra High Risk (UHR) of developing a Psychosis and their families/carers.
- 4.1.2 Maintaining high quality clinical skills through participation in relevant professional development activities and specific training provided by the centre, hNO and Orygen and where appropriate and be available to assist others in the broader team as required.

- 4.1.3 Attend regular clinical review meetings with documented clinical treatment and work plans.
- 4.1.4 Maintenance of electronic medical records which if of a high standard and other data entry as required for hNO or Anglicare NT
- 4.1.5 Assist the team and senior clinical staff to continually improve protocols, documentation and operational manuals that support the clinical functioning of the combined MATT/CCT. Contribute to the development of policies and procedures for the expanded headspace Darwin centre.
- 4.1.6 With the Clinical Program Lead and other senior staff, provide input for the development of strategies for the monitoring and improvement of the acute and continuing care clinical service provision and evaluation of same.
- 4.1.7 Ensure the registration of all clients with eheadspace for after hours (24/7) support and that mechanisms are in place to handover relevant information between eheadspace and hYEPP.
- 4.1.8 Ensuring that all work undertaken adheres to the EPPIC Core Components including in the YEPP model of care, including timely comprehensive assessments, and

4.2 Team involvement

Outcome

Work with the senior clinical staff to assist in building an expert team of clinical staff capable of providing the most effective care to youth at risk of developing early psychosis in Darwin. Be a part of teams that strive to build a high performing work culture, which creates strong integration links and bridges with the existing headspace staff and programs in Darwin.

This will be achieved by:

- 4.2.1 Being an active member of the clinical team that is engaged, youth-friendly, responsive, empathic and optimistic. Work with the Clinical Program Leaders and others to implement clinical strategies and approaches focused on early identification of psychosis as well as recovery focused approaches to early intervention, first episode psychosis and reducing the duration of untreated psychosis (DUP) for the young person and their families/ carers.
- 4.2.2 Assist in optimising the continuity of care through effective integration with other teams operating within the expanded headspace Darwin centre. Develop and maintain strong links at the clinical level with relevant mental health and other community services.
- 4.2.3 Take accountability to be involved in programs and approaches to clinical care, which leads to being part of a team that is effectively trained and developed. This in turn should lead to the provision of excellent clinical and case management services in an optimistic and well-functioning team.
- 4.2.4 Assist in developing and maintaining a working environment conducive to a high standard of up to date evidence based clinical practice. Participate in regular staff meetings and team evaluation/review days.
- 4.2.5 Be available as required to ensure resources and rosters are sufficiently flexible and efficient to best manage workflow, commitments to assertive engagement and extended hours of operation.
- 4.2.6 Contribute to the strategic planning, policy development and vision for the service and represent the service as required at external meetings and undertake any other duties as directed.

4.3 Clinical Practice

Outcome

Ensure that any screening tools, assessment, clinical standards of practice and review procedures are complied with in all cases. Assist the team and senior staff to continuously identify quality improvements for the development and maintenance of best clinical practice within the expanded headspace Darwin Centre and the hYEPP program.

This will be achieved by:

- 4.3.1 Ensuring that assessment, risk assessment, crisis response and home based treatment, group sessions or case management are all given the same priority and focus.
- 4.3.2 Practice in accordance with the relevant standards of clinical care as appropriate for discipline specific activities, professional development activities and supervision. Review any critical incidents and follow policy for same, offer debriefing, EAP and be available for any consultation on complex cases.
- 4.3.3 Manage clinical risk and actively work towards risk reduction strategies, including liaising with key senior clinical staff.
- 4.3.4 Ensure targets are met and assist in any evaluation processes including collecting, recording and analysis of data. Ensure that the team completes all MDS, statistical and/or outcome measurement tools as required along with the completion of all clinical documentation.
- 4.3.5 Be involved as required in research and clinical activities of the services in such a way that any research findings are incorporated into the clinical practice of the staff and can be disseminated to other services.
- 4.3.6 Be involved in supervision and mentoring students in clinical placements.
- 4.3.7 Represent hYEPP at various community forums and organisations, support the operation of any service level agreements and actively promote and develop early intervention and first episode psychosis principles.
- 4.3.8 Be available as required to participate in the shared intake or duty worker role and where appropriate conduct some groups with young people and/or with their families.

5 General

- 5.2.1 Comply with Federal, NT and Local Government legislation, regulations, permits and/or by laws.
- 5.2.2 Adhere to Anglicare NT Policies and Procedures and general conditions of employment including annual criminal history checks, current working with Children (Ochre) Card and participating in The Safeguarding Children Program, which assists Anglicare NT to promote culture that safeguards children and young people from abuse.
- 5.2.3 Comply with funding contracts, operational guidelines, approved work plans, reporting requirements or task directives.
- 5.2.4 Adhere to budgets, delegation levels and administrative and data collection and entry duties, ensuring procedural requirements are met in a timely manner.
- 5.2.5 Comply with Anglicare NT's WH&S requirements; whilst also remaining vigilant in relation to any client/ customer related behavioural risk and contribute to maintaining a safe work environment.
- 5.2.6 Maintain confidential client, personnel and organisational information in line with legislative and organisational requirements.
- 5.2.7 Work collaboratively with the Team to address service improvement requirements resulting from client complaints, stakeholder feedback and/or internal or external evaluation processes.
- 5.2.8 Participate in organisational communications and development systems such as email, staff meetings, planning & review days, quality assurance and organisational promotions and events as required.
- 5.2.9 Actively participate in supervision, performance reviews, professional development activities and training as required.
- 5.2.10 Maintain time and attendance leave and higher duty records in accordance with Anglicare NT's procedures and lodge within specified timeframes for each pay period.

AUTHORITIES

- 6.1 Expenditure, Operational/Administrative, Personnel, Management and Legal – as per current Delegation of Authority Document (this is endorsed by the Board and periodically updated).
- 6.3 Professional or task supervision for staff and/or students may occur within this role as long as the Supervisor meets the supervision requirements of the relevant discipline and/or educational institution.

7. POSITIONAL CRITERIA

7.1 Inherent requirements specific to this position

The position entails regular local and periodic regional and interstate travel. This is an active management role requiring some flexibility of hours, periodic On Call duties, and overall good health.

7.2 Qualifications

Approved tertiary qualifications in relevant discipline and registration with the relevant regulatory body or membership of and adherence to the AASW standards for social workers, who are not required to register with a regulatory authority in Australia.

Registered Nurse

Bachelor Degree in Psychiatric/Mental Health Nursing or equivalent OR Bachelor Degree in Nursing or equivalent plus an approved postgraduate qualification in Psychiatric/Mental Health Nursing. Registration as a Registered Nurse with the Nursing and Midwifery Board of Australia.

Allied Health

Post graduate qualifications in a relevant specialist area is highly desirable, and

Occupational Therapist

Current registration as an Occupational Therapist with the Australian Health Practitioner Regulation Agency (AHPRA) to practice with the National Board.

Psychologist

Registration as a psychologist under the Health Practitioner Regulation National Law Act (2009). Practice endorsement as a clinical/clinical neuropsychologist with the Psychology Board of Australia. Accreditation with the APB and APS to practice as a clinical supervisor

Social Worker

Approved degree in Social Work and membership of the Australian Association of Social Workers

7.3 Experience, Skills and Knowledge

KEY SKILLS & EXPERIENCE

The incumbent is expected to have a minimum of one year postgraduate clinical experience in acute mental health service. It is desirable that the incumbent has several years experience within a mental health assessment or community-based service and has been working with young people or children. Relevant post graduate qualifications or working towards would also be an advantage.

Clinical

7.3.1 Experience and demonstrated skills in engagement, crisis intervention and management of complex young people in the acute phase of a mental illness.

7.3.2 Demonstrated ability to engage with young people, their families/carers. Including specific

knowledge and understanding of the developmental stages of young people and the impact that a first episode of psychosis has on development and the associated impact on families/carers others.

- 7.3.3 Demonstrated ability to collaboratively plan and assist with the coordination of acute care for young people and their families/carers and to ensure seamless team processes for all referrals and clinical work.
- 7.3.4 Demonstrated ability to work effectively in a team based culture and processes that focuses on early intervention, engagement, responsiveness, recovery, home based treatment and acute care.
- 7.3.5 Flexibility in coping with organisational change and demonstrated capacity to be innovative in clinical and acute care approaches with young people and their families/carers.
- 7.3.6 Ability to maintain the philosophy, standards and policies of the EPPIC model of care within a hYEPP and to promote the recovery of young people with a first episode of psychosis and to create a team culture based on hope, optimism and a recovery framework which is located within the headspace primary health care platform.
- 7.3.7 Ability to be available for the on-call/call back roster (if required)

Team work

- 7.3.8 Demonstrated ability to work effectively with other professionals and to lead innovation for a multi-disciplinary team as well as proven ability to be self-motivated and function autonomously.
- 7.3.9 Demonstrated commitment to clinical education, training and ongoing professional development including supervision.
- 7.3.10 Ability to ensure all team procedures, policies, protocols; operational manuals are adhered to and aligned to the hYEPP continuum of care model, based on the EPPIC model of care.
- 7.3.11 Well developed and demonstrable interpersonal and communication skills (written and verbal), problem solving and negotiation skills.

Experience

- 7.3.12 Relevant recent experience in the application of acute mental health care, including completion of mental health assessments, crisis interventions, risk assessments, psycho-education and short term treatment interventions. Experience with community/home based care to young people and their families experiencing early psychosis or a first episode of psychosis would be advantageous
- 7.3.13 Well-developed knowledge and understanding of relevant legislation, such as the Mental Health and Related Services Act, Care and Protection of Children and Information and privacy legislation
- 7.3.14 Current knowledge of relevant literature and evidence based practice on early intervention for young people experiencing or at risk of first episode psychosis.

Attributes

- 7.3.15 Demonstrated ability to maintain professional boundaries, reflective practices, supervision and performance review and adhere to workplace directives.

7.4 Inherent requirements for all employees

As an employee of Anglicare NT you must:

- ✓ Commit to and respect the values of the organisation, uphold confidentiality, be trustworthy and adhere to the Anglicare NT Code of Conduct and Policy.
- ✓ You must uphold the principles of child safe and strengths based approaches and apply these in your day to day work and practice.
- ✓ Commit to working in a culturally inclusive workplace and the principles and practices of cultural competence and providing responsive services to the community.

- ✓ Familiarise yourself with agency information management systems and policies and procedures which will change from time to time.
- ✓ Complete and maintain documentation in accordance with organisational policies and procedures, and quality standards requirements and contribute to continuous improvement within the agency.
- ✓ Take responsibility for your own health and safety, and the health and safety of anyone else who may be affected by your acts or omissions in the workplace.
- ✓ Cooperate with management, the Work Health & Safety (WHS) Officer and WHS representatives with respect to action taken to comply with WHS requirements.
- ✓ Contribute to the WHS management system by the active identification and reporting of hazards and environmental risks.
- ✓ Understand the nature of risk and importance of risk management in an organisation.
- ✓ Have a genuine interest in working with Anglicare NT, and in the Northern Territory and demonstrate a good organisational fit.
- ✓ Be solution focused, positive and have a capacity to respond effectively to challenges.
- ✓ Ability to drive, use a computer, Microsoft programs, mobile devices, undertake bending and lifting actions.

7.5 Licenses, Certificates and Professional Registrations

- 7.5.1 Northern Territory Working with Children Clearance (Ochre Card)
- 7.5.2 Acceptable National/International Police Criminal History Certificate/clearance (less than 3 months old)
- 7.5.3 First Aid Certificate or willingness to obtain within 3 months
- 7.5.4 Northern Territory Drivers Licence
- 7.5.5 Professional registrations as required to Practice and eligibility for membership with recognised entities
- 7.5.6 Approved qualifications and current eligibility to live and work in Australia

8. ACKNOWLEDGEMENT OF AGREEMENT

After reading and discussing this document with Anglicare NT's delegate I agree that:

- 8.1 This Position Description and attachments are an accurate and fair description of the role.
- 8.2 I understand the expectations and inherent requirements of the position.
- 8.3 I acknowledge the nature of the position and the operating context within which I will work.

Employee signature: _____

Employee name: _____ Date: _____

Witness signature: _____

Witness name: _____ Date: _____

Position: _____